

df - dairy free v - vegan vo- vegan option gf - gluten free gfo - gluten free option

17

17

ALL DAY served till 3pm

TOAST gfo

Choice of sourdough, grain, fruit toast or gluten free bread with condiments

SMOOTHIE BOWL afo df

Seasonal fruit smoothie, almond milk, bruleed banana topped with mixed seasonal fruits, trail mix and flaked coconut

THE BREAKFAST ROTI

Maple bacon steak, scrambled eggs, rocket, peanuts, house made chilli jam

CHILLI SCRAMBLED gfo

Smoked bacon, scrambled eggs with housemade chilli jam, served with croissant

AVO GARDEN vo gfo

Smashes avo with basil, cherry tomatoes, cucumber, feta with balsamic glaze on sourdough

+2 Add poached egg

DESAYUNO QUESADILLAS

Mexican sandwich with scrambled eggs, guacamole, smoked bacon, mozzarella, pressed in a soft tortilla with fresh Pico de Gallo

SMASHED PUMPKIN vo gfo 18

Spiced garlic pumpkin smash, crispy chickpeas, kale, pomegranate and sunflower seeds on sourdough, with a poached egg

EGGS BENEDICT

Double maple bacon steak, poached eggs, asparagus spears with house hollandaise

PANCAKES

7

15

15

15

16

Double stack tres leches pancakes with bruleed banana, seasonal fruit, spiced caramel sauce, vanilla bean ice cream and nut crumble

FRENCH TOAST

Brioche French toast with coffee caramel sauce, hazelnut praline, vanilla bean ice cream and seasonal fruits

17 **EGGS YOUR WAY** gfo

Free range eggs with sourdough or wholegrain toast - fried or poached. +2 Scrambled

SIDES

Kale

Extra Eggs 4 Half avocado 5
Mushrooms Maple bacon steak
Feta
Chorizo Sweet potato chips 7
Blistered tomatoes Spiced potato wedges
Wood smoked bacon

LUNCH Ilam onwards

GRAIN SALAD vo gf

Quinoa, feta, chickpeas, almonds, rocket, pepitas, sunflower seeds, cherry tomatoes and feta on beetroot puree with a lemon vinaigrette +4 Add grilled chicken

PORK BELLY BURGER 20

Crispy pork belly with sriracha mayo, pickled cucumber & carrot, topped with peanuts, fried egg and coriander, sweet potato chips

ROASTED CAULIFLOWER 18

v gf

20

19

16

10

Beetroot hummus, whole roasted cauliflower with kale, quinoa, cherry tomato topped with dukkah and lemon dressing

CARBONARA

Fettuccini, smoked bacon oil, parmesan & 63 degree egg

FRIED CHICKEN BURGER 19

Tempura battered chicken thigh, brioche, chipotle mayo, cheddar, cos lettuce, pickles served with potato wedges

COFFEE		TEA		BEVERAGE	
Darkhorse blend by Five Senses C	offee				
Chocolate, orange citrus, caramel		CHAMELLIA ORGANIC TEAS	4.5	REMEDY KOMBUCHA Apple Crisp	6
WHITE	4			Peach	
BLACK	3.8	English Breakfast Earl Grey		Ginger Lemon Cherry Plum	
Single origin	.5	Lemongrass & Ginger Peppermint		APPLETISER /	4.5
Decaf	.5 .5	геррепппп		GRAPETISER	7
Bonsoy/Almond milk	.5			GIO II ETISEK	
Bonsoy/Minoria Hillik	.5	CHAMELLIA RESERVE TEA SELECTION		CASCADE SODAS Lemon, Lime & Bitters	4.5
BATCH BREW	5	2nd infusion highly recommended		Sarsaparilla	
	3	YUZU KUKICHA	6	Ginger Beer	
		Smooth young green tea, mandarin,		IOE'S CLASSIC HIICES	4
HOT SUOSOLATE KALAD		delicate & lingering yuzu aftertaste		JOE'S CLASSIC JUICES	4
HOT CHOCOLATE Kali 40%	4	XIANG SI TENG	6	Orange	
MOCHA CALMER SUTRA CHAI	4.5 5	OOLONG	O	Apple Green Smoothie	
MATCHA LATTE Asahina Matcha	5 5	Toasty, mineral, robust oolong		Green Smootnie	
CHOCOLATE CHAI	5.5	loasry, mineral, robust colong			
CHOCOLAIL CHAI	3.3	WILD ANCIENT BLACK TEA	7	STILL WATER	3
		Jasmine, feijoa, white peach		SPARKLING WATER	4
ICED LATTE / FILTER Brewed and bottled inhouse	5	ASAM TRES Sweet, malty, round and lingering	6	Calm & Stormy 300ml	
ICED CHOCOLATE	5	rock sugar, pumpkin			
ICED MOCHA	6				
ESPRESSO TONIC	6	_			
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